

SYLLABUS

Title of Course:	Counselling in Social work
Faculty of	Philology and Pedagogy
Study Level	Bachelor (specialization: Social Work)
Semester	Summer
ECTS Credits	2 (45hrs)
Teaching methods	Lecture (15hrs) + Practical classes (30hrs)
Course Topics	<p>Lectures:</p> <ol style="list-style-type: none"> 1. Counselling skills and social work: a relationship 2. Counselling skills for communication and building relationships 3. Assessment: relevant counselling skills 4. Planning, acting and providing a service: relevant counselling skills 5. Supporting service user choice and advocacy: relevant counselling skills 6. Managing risk and working together: relevant counselling skills 7. Practice within organizations: relevant counselling skills 8. Developing professional competence: relevant counselling skills <p>Workshops</p> <ol style="list-style-type: none"> 1. Counselling Skills and Social Work 2. Building Relationships 3. Empathic Responding 4. Overcoming Barriers 5. Using Challenging Skills to Raise Concerns 6. Service-users Managing their Own Lives 7. Working with Loss and Grief 8. Working with Conflict 9. Counselling Skills in Group work 10. Counselling Skills in Different Settings 11. Preparation and Presentation of Counselling Interview
Grading policy	<p>The final evaluation from the lectures is the sum of the grades: 80% written exam, 10% attendance, 10% activity during classes</p> <p>The final mark for the laboratory classes is the sum of marks: 90% preparation of the counseling interview, 10% class work</p>
References	<ol style="list-style-type: none"> 1. Miller L., Counselling Skills for Social Work, 2011, SAGE Publications Ltd 2. Loughran H., Counselling Skills for Social Workers, 2018, Routledge 3. Seden J., Counselling skills IN SOCIAL WORK PRACTICE Second edition, Open University Press 2005 mcgrawh_13941 (hzu.edu.in) 4. Riggall S., Parker J., Bradley G., Using Counselling Skills in Social Work, SAGE Publications, Inc. 2012 SAGE Books - Using Counselling Skills in Social Work (sagepub.com)

Prerequisites	Language: English, CEFR level B1 or higher	
	Other:	
Teacher	dr hab. Anna Zamkowska, prof. UTH	
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Tuition fees	do not apply for EU/EEA citizens or exchange students	